

KINOKAWA RYU AIKIDO

Children's Testing Requirements

6th junior kyu

Name the founder of Aikido
Name the front of the dojo
Forward roll (standing or kneeling)
Backward roll (standing or kneeling)

1st stripe

Name the symbol at the front of the dojo
Standing forward roll
Standing backward roll
Shomen uchi strike
Front kick

2nd stripe

Why do we bow in the dojo?
Punch and Jab

5th junior kyu

(all previous techniques)
Name the founder of Kinokawa Aikido
1st principle to unify mind and body
Shomen uchi Ikkyo (irimi)
Tenchinage
Kicks: Front and Roundhouse

1st stripe

2nd principle to unify mind and body
Name one of the wooden weapons
Tsuki strike
Ikkyo exercise

2nd stripe

3rd principle to unify mind and body
Name two of the wooden weapons
Yokomen uchi strike
Katate tori Ikkyo (irimi)

3rd stripe

4th principle to unify mind and body
Name three of the wooden weapons
Funekogi (rowing exercise)
Knee walking
Shomen uchi Ikkyo (irimi & tenkan)

4th junior kyu

(all previous techniques)
All Principles to unify mind and body
Name all of the wooden weapons
Hentai Strike
Katatetori Shiho nage (irimi)
Katatetori Ikkyo (irimi & tenkan)
Kicks: Front and Roundhouse

1st stripe

Hanshi's Recommendations for you
Big forward roll
Breakfall
Tsuki kote gaeshi

2nd stripe

Tenkan exercise
Katatetori Shiho nage (irimi & tenkan)
Kicks: Side Kick

3rd stripe

Katate tori Kokyu nage
Yokomen uchi shiho nage (irimi & tenkan)
Kokyu dosa

3rd junior kyu

(all previous techniques)
Shomen uchi Kokyu nage
Shomen uchi kote gaeshi
Techniques against front kick
Kicks: Spinning Heel Kick
Tsuki with jo, bokken and tanto
Randori & Freestyle (3 opponents)

1st stripe

Shomen uchi Nikkyo (irimi & tenkan)
Shomen with jo, bokken and tanto

2nd stripe

Yokomen uchi Kotegaeshi
Yokomen with jo, bokken and tanto

3rd stripe

Techniques against Roundhouse kicks
1st Jo Kata

2nd junior kyu

(all previous techniques)
5 techniques against Shomen uchi
Techniques against Side kick
1st Bokken Kata
Randori and Freestyle (4 opponents)

1st stripe

Ushiro tekubi tori Sankyo
Suwari waza (varied attacks and defenses)

2nd stripe

Ushiro kata tori Sankyo
5 techniques against Yokomen uchi
5 techniques against Katate tori

3rd stripe

Tsuki Kaiten nage
2 techniques against Kata tori
Techniques against Spinning Heel kick

1st junior kyu

(all previous techniques)
Shomen uchi Kaiten nage
Shomen uchi Sankyo (irimi and tenkan)
2nd Jo Kata
Randori and Freestyle (4 opponents)

1st stripe

Ushiro tekubi tori Shiho nage
2nd Bokken Kata

2nd stripe

5 techniques against Ryote mochi
5 techniques against Jab
5 techniques against Uppercut

3rd stripe

5 techniques against Tekubi tori
5 techniques against Choke
3rd Jo Kata

Junior black belt

(all previous techniques)
Defense against tanto
Defense against bokken
Defense against jo
All weapons katas
Randori and Freestyle (4 opponents)