

# Kinokawa Aikido Testing Requirements

---

## 6th Kyu (yellow belt)

Katate tori ikkyo  
Katate tori shiho nage (irimi & tenkan)  
Shomen uchi kokyu nage  
Kokyu dosa

## 5th Kyu (orange belt)

( all previous techniques )  
Shomen uchi ikkyo (irimi & tenkan)  
Yokomen uchi shiho nage (irimi & tenkan)  
Tsuki kote gaeshi  
Ushiro tekubi tori sankyo  
Techniques against Front kick  
Freestyle and Randori ( 2 opponents )

## 4th Kyu (blue belt)

( all previous techniques )  
Katate tori kokyu nage  
Shomen uchi nikkyo (irimi & tenkan)  
Shomen uchi kote gaeshi  
Yokomen uchi kokyu nage (2 ways)  
Tsuki kaiten nage  
Ushiro kata tori sankyo  
Techniques against Roundhouse kick  
Freestyle and Randori ( 3 opponents )

## 3rd Kyu (green belt)

( all previous techniques )  
Shomen uchi kaiten nage  
Shomen uchi sankyo (irimi & tenkan)  
Ushiro tekubi tori shiho nage  
Techniques against Side kick  
2 Techniques against Kata tori  
Freestyle and Randori ( 4 opponents )

## 2nd Kyu (red belt)

( all previous techniques )  
5 Techniques against Shomen uchi  
5 Techniques against Yokomen uchi  
5 Techniques against Tekubi tori  
Techniques against Spinning heel kick  
Suwari waza  
Freestyle and Randori ( 5 opponents )

## 1st Kyu (brown belt)

( all previous techniques )  
5 techniques against Ryote mochi  
Freestyle and Randori ( 5 opponents )

## Shodan

( all previous techniques )  
Defense against tanto  
Defense against bokken  
Defense against jo  
All weapons katas  
Freestyle and Randori ( 5 opponents )